

Mother Earth Network's global healing sessions for Mother Earth

Welcome to participate in our **global healing session** for our **beloved Primordial Mother**, Mother Earth. During the healing session, we're helping Mother Earth activate and **spread the red female energy** (yin, "darkness", regression, matter, intuition, nature) from her inner core, of which there is an **enormous deficit** of today, both in the Earth's and the human's energy system. The **surplus of male energy** (yang, "light", expansion, spirit, intellect, technology) that is present today, has created the imbalanced society that we're living in today, and gives Mother Earth unspeakable suffering every day. But together we can gradually rebalance her relieve her suffering. The **resurrection of the female energy** on Earth is an absolute prerequisite for the transition to the New Spiritual Age, which is also the **Age of the Goddess**, and these healing sessions are part of this necessary energy rebalancing.

Thank you for your participation! Together we create miracles!

Instructions to send healing to Mother Earth

Sit down to meditate. Sit outside if you have the possibility. Avoid having technology near you if possible (human technology and it's radiation are concentrated male energy). Make sure you have full contact with the seating area and the floor or ground. Hold your cupped palms together as in prayer and let them rest in your lap. Take a few deep breaths, relax your whole body, and clear your mind of distracting thoughts. Get mentally ready to work as a channel for the red Mother Earth energy and focus your intention on retrieving the energy from the Earth.

Read the prayer for Mother Earth, aloud or in your mind. Visualize how a channel opens up from the center of the Earth, and how the glowing red female energy begins to flow up through your feet, rear and hands. Let the energy fill your whole body and then continue on from you to the worldwide network of nature spirits, spiritual Masters and cosmic civilizations, that will spread the energies to the places on Earth where they are needed most. Once you have opened up the energy flow, just focus on being present in the Now. It's individual how the energy feels, but it works whether you feel anything or not.

Please note! Do not send white light to Mother Earth, and do not channel light through the crown chakra to her, since she will then get more of the high-frequency male energy she already has a surplus of. What Mother Earth needs to heal herself and rebalance her energy system and energy flows today is the low-frequency grounding female energy from her inner core.

Prayer to activate the healing to Mother Earth

*Dear mother Earth,
We humbly ask you,
with love and complete trust.
Please give us guidance and strength.
Help us to channel energy from your interior,
to heal you completely, both your body and soul.
Thank you for letting us humans live with you
and take part in your abundance.
Thank you for your beauty and richness.
Thanks for all the miracles
taking place on Earth every day

Mother Earth, we are calling on you!*